



Fr Thomas Soroka

is the rector of St Nicholas Orthodox Church (OCA) in McKees Rocks, PA, near downtown Pittsburgh, PA. He is a graduate of Duquesne University holding degrees in Music Education and Music Composition. Fr Thomas attended St Vladimir's Orthodox Theological Seminary in Crestwood, NY and descends from a long line of priests. He has held management positions for major corporations in the area of Learning and Development. Fr Thomas is the host of two popular podcasts on Ancient Faith Radio, *The Path* and *Sermons at St Nicholas*. He resides in Pittsburgh with his wife, Matushka Joni, and has three daughters.

Listen to Podcasts by Fr. Thomas:



THE PATH
[ancientfaith.com/
podcasts/thepath](http://ancientfaith.com/podcasts/thepath)

SERMONS AT ST. NICHOLAS
[ancientfaith.com/podcasts/
sermonsatstnicholas](http://ancientfaith.com/podcasts/sermonsatstnicholas)

the 16th Annual Adult Zoullas Lenten Retreat

with Retreat Master
Father Thomas Soroka
Rector of St. Nicholas Orthodox Church
in McKees Rocks, PA

March 13-15

FRIDAY, MARCH 13

- 6:30 - 7:30 pm Salutation Service to the Panayia
7:45 - 8:30 pm **Session I: "The Sacrifice of Christ and Our Sacrifice in Him"**
8:30 - 9:30 pm Lenten Evening Meal and Discussion

SATURDAY, MARCH 14

- 10:00 - 10:30 am Orthros (Morning Prayers)
10:30 - 11:30 am **Session II: "The Sacrifice of Praise: How to Pray in an Orthodox Manner"**
11:30 - 12:30 pm Lunch with Questions and Answers

Please note there will be priests available all day to hear confessions.

SUNDAY, MARCH 15 FAMILY WORSHIP

- 9:00 - 10:00 am Orthros
10:00 - 11:30 am Divine Liturgy
Sermon: "The Cross as the Door to Paradise"
12:00 - 1:00 pm Agape Fellowship Hour
offered by our Church Family

BE SURE TO RSVP BY MARCH 1ST

CONTACT THE CHURCH OFFICE:

INFO@KIMISISHAMPTONS.ORG OR 631 283 6169